

Free hot meals in Cardiff

The Huggard Centre:

Huggard Buildings Hansen Street CF10 5DW [Location](#)

- Soup and bread from 8:30 a.m to 7:30pm (ish)
- Subsidised breakfasts and lunches

Tavistock Centre: Tavistock Street off City Road

- Sunday - burger evenings 5:30-6:30pm (Run by Glenwood Church)
- Monday evenings - sit down hot meal 7:30-9:00pm (Run by churches in Cardiff)
- Friday brunch 11:30-1ish - includes a church service (Run by Vineyard Church)

Rainbow of Hope: 25 Broadway, Cardiff CF24 1QE [Location](#)

- Drop in centre - 10:30 - 2 for the homeless with free hot meals at lunchtime (Mon, Tue, Wed, Sat)
- Food parcels given out to Asylum seekers and Refugees 11-1:30 every Thursday

The Soup run:

- Daily 8:15 a.m and 8:00pm in town (Run by churches in Cardiff)

Salvation Army bus - City Hall:

- Food given from the hatch such as soup, hot dogs etc
- 6:30-9pm Monday - Thursday
- 5:30-7pm Sundays

[Oasis Cardiff](#) -

69B Splott Rd, Cardiff CF24 2BW [Location](#)

Monday – Friday 12:30pm (for asylum seekers and refugees only)